



27. Karbener Stadtlauf
Klein-Karben / 07.08.2016

Detailed evaluation

Lachacz, Olaf

Club: ohne

Number: 2622

Course: 10.00 km

10 km - Lauf

Category:

Senioren M45 (45-49 Jahre)

Total time: 47:27

Speed: 12.64 km/h

Running performance: 4:44 min/km

Rank in course/Total: 30 (of 157)

Rank in course/Men: 25 (of 114)

Best time in course: 33:33

Rank in category: 4(of 15)

Best time in the category: 39:36