



27. Karbener Stadtlauf  
Klein-Karben / 07.08.2016

Detailed evaluation

Kaiser, Manfred

Club: P&G Running Team  
Number: 2733

Course: 10.00 km  
10 km - Lauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 48:30

Speed: 12.37 km/h  
Running performance: 4:51 min/km

Rank in course/Total: 36 (of 157)

Rank in course/Men: 30 (of 114)

Best time in course: 33:33

Rank in category: 4(of 11)

Best time in the category: 43:37