



36. Kienberglauf  
Oehrenstock / 25.09.2016

## Detailed evaluation

**Garz, Christian**

Club: N3 Sportverein e.V.  
Number: 787

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:20:18

Speed: 11.96 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 18 (of 37)

Rank in course/Men: 18 (of 35)

Best time in course: 56:14

Rank in category: 5(of 6)

Best time in the category: 1:03:05