



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

hallmann, helge

Club: sg lvb leipzig
Number: 789

Course: 16.00 km
16 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:20:45

Speed: 11.89 km/h
Running performance: 5:03 min/km

Rank in course/Total: 20 (of 37)

Rank in course/Men: 20 (of 35)

Best time in course: 56:14

Rank in category: 2(of 3)

Best time in the category: 1:15:06