



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Weiß, Steffen

Club: WSV Ilmenau 1908 e.V.
Number: 801

Course: 16.00 km
16 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:21:30

Speed: 11.78 km/h
Running performance: 5:05 min/km

Rank in course/Total: 21 (of 37)

Rank in course/Men: 21 (of 35)

Best time in course: 56:14

Rank in category: 3(of 3)

Best time in the category: 1:15:06