



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 806

Course: 16.00 km
16 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:29:13

Speed: 10.76 km/h
Running performance: 5:35 min/km

Rank in course/Total: 28 (of 37)

Rank in course/Men: 28 (of 35)

Best time in course: 56:14

Rank in category: 3(of 4)

Best time in the category: 1:12:58