



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Koch, Ludwig

Club: HV Ilmenau 55

Number: 7

Course: 2.40 km

1 Meile

Category:

männliche Jugend U16 (14-15 Jahre)

Total time: 11:48

Speed: 10.17 km/h

Running performance: 4:55 min/km

Rank in course/Total: 16 (of 26)

Rank in course/Men: 11 (of 16)

Best time in course: 8:28

Rank in category: 5(of 6)

Best time in the category: 8:28