



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Manzke, Helena Danae

Club: LSV Lok Arnstadt
Number: 9

Course: 2.40 km
1 Meile

Category:
weibliche Jugend U10 (8-9 Jahre)

Total time: 10:56

Speed: 10.98 km/h
Running performance: 4:34 min/km

Rank in course/Total: 10 (of 26)
Rank in course/Women: 3 (of 10)
Best time in course: 10:50

Rank in category: 1(of 3)
Best time in the category: 10:56