



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Dömning, Olaf

Club: SV Werra 07 Hildburghausen
Number: 722

Course: 11.00 km
11 km Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 45:09

Speed: 14.62 km/h
Running performance: 4:06 min/km

Rank in course/Total: 2 (of 44)

Rank in course/Men: 2 (of 27)

Best time in course: 43:20

Rank in category: 1(of 1)

Best time in the category: 45:09