



36. Kienberglauf  
Oehrenstock / 25.09.2016

Detailed evaluation

Lohfing, Mario

Club: Dietzenbach

Number: 710

Course: 11.00 km

11 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 57:35

Speed: 11.46 km/h

Running performance: 5:14 min/km

Rank in course/Total: 15 (of 44)

Rank in course/Men: 10 (of 27)

Best time in course: 43:20

Rank in category: 2(of 4)

Best time in the category: 49:33