



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Hampe, Thomas

Club: LAC Rudolstadt
Number: 725

Course: 11.00 km
11 km Lauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 57:42

Speed: 11.44 km/h
Running performance: 5:15 min/km

Rank in course/Total: 16 (of 44)

Rank in course/Men: 11 (of 27)

Best time in course: 43:20

Rank in category: 1(of 3)

Best time in the category: 57:42