



36. Kienberglauf  
Oehrenstock / 25.09.2016

Detailed evaluation

Seeber, Tobias

Club: FFLW  
Number: 728

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 59:31

Speed: 11.09 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 19 (of 44)

Rank in course/Men: 14 (of 27)

Best time in course: 43:20

Rank in category: 3(of 4)

Best time in the category: 49:33