



36. Kienberglauf  
Oehrenstock / 25.09.2016

Detailed evaluation

Heisch, Philipp

Club: SG Adelsberg  
Number: 813

Course: 16.00 km  
16 km Lauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:03:05

Speed: 15.22 km/h  
Running performance: 3:56 min/km

Rank in course/Total: 2 (of 37)

Rank in course/Men: 2 (of 35)

Best time in course: 56:14

Rank in category: 1(of 6)

Best time in the category: 1:03:05