



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Haag, Heike

Club: Die Flinken Gerataler
Number: 741

Course: 11.00 km
11 km Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:04:19

Speed: 10.26 km/h
Running performance: 5:51 min/km

Rank in course/Total: 28 (of 44)

Rank in course/Women: 7 (of 17)

Best time in course: 46:08

Rank in category: 1(of 4)

Best time in the category: 1:04:19