



36. Kienberglauf
Oehrenstock / 25.09.2016

Detailed evaluation

Esche, Sonja

Club: LSV Lok Arnstadt
Number: 717

Course: 11.00 km
11 km Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:04:39

Speed: 10.21 km/h
Running performance: 5:53 min/km

Rank in course/Total: 29 (of 44)

Rank in course/Women: 8 (of 17)

Best time in course: 46:08

Rank in category: 1(of 1)

Best time in the category: 1:04:39