



36. Kienberglauf  
Oehrenstock / 25.09.2016

## Detailed evaluation

**Prasser, Niels**

Club: SG Motor Arnstadt  
Number: 720

Course: 11.00 km  
11 km Lauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:10:26

Speed: 9.37 km/h  
Running performance: 6:24 min/km

Rank in course/Total: 38 (of 44)

Rank in course/Men: 25 (of 27)

Best time in course: 43:20

Rank in category: 4(of 4)

Best time in the category: 52:27