



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Föt, Sören

Club: GutsMuths - Rennsteiglaufverein
Number: 97

Course: 14.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 1:04:23

Speed: 13.05 km/h
Running performance: 4:36 min/km

Rank in course/Total: 13 (of 158)

Rank in course/Men: 13 (of 120)

Best time in course: 49:18

Rank in category: 4(of 13)

Best time in the category: 49:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	40:31	5:24	4	8:41	15	8:41	7.50	40:31	5:24	4	8:41	15	8:41
Finish	6.50	23:52	3:40	4	6:24	12	6:24	14.00	1:04:23	4:35	4	15:05	13	15:05