



16. Kirschlauf  
Kleinfahner / 12.06.2016

Detailed evaluation

Gand, Gerald

Club: Tiefthal  
Number: 40

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:05:13

Speed: 12.88 km/h  
Running performance: 4:40 min/km

Rank in course/Total: 16 (of 158)

Rank in course/Men: 16 (of 120)

Best time in course: 49:18

Rank in category: 1(of 20)

Best time in the category: 1:05:13

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.50	40:49	5:26	1	-	17	8:59	7.50	40:49	5:26	1	-	17	8:59
Finish	6.50	24:24	3:45	1	-	15	6:56	14.00	1:05:13	4:39	1	-	16	15:55