



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Volk, Tino

Club: Triathlon Friedrichroda
Number: 155

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:06:09

Speed: 12.70 km/h
Running performance: 4:43 min/km

Rank in course/Total: 19 (of 158)

Rank in course/Men: 18 (of 120)

Best time in course: 49:18

Rank in category: 4(of 18)

Best time in the category: 1:01:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	40:14	5:21	4	1:58	12	8:24	7.50	40:14	5:21	4	1:58	12	8:24
Finish	6.50	25:55	3:59	4	2:56	20	8:27	14.00	1:06:09	4:43	4	4:54	18	16:51