



16. Kirschlauf  
Kleinfahrer / 12.06.2016

Detailed evaluation

Sickel, Steffen

Club: FC Gebesee  
Number: 131

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:09:18

Speed: 12.12 km/h  
Running performance: 4:57 min/km

Rank in course/Total: 26 (of 158)

Rank in course/Men: 24 (of 120)

Best time in course: 49:18

Rank in category: 4(of 20)

Best time in the category: 1:05:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	43:07	5:44	4	2:18	25	11:17	7.50	43:07	5:44	4	2:18	25	11:17
Finish	6.50	26:11	4:01	3	1:47	22	8:43	14.00	1:09:18	4:57	4	4:05	24	20:00