



16. Kirschlauf  
Kleinfahrer / 12.06.2016

Detailed evaluation

**Arnold, Rene**

Club: SSV Erfurt 02  
Number: 109

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:10:16

Speed: 11.95 km/h  
Running performance: 5:01 min/km

Rank in course/Total: 27 (of 158)

Rank in course/Men: 26 (of 120)

Best time in course: 49:18

Rank in category: 3(of 16)

Best time in the category: 1:00:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	43:39	5:49	3	5:27	26	11:49	7.50	43:39	5:49	3	5:27	26	11:49
Finish	6.50	26:37	4:05	3	4:05	27	9:09	14.00	1:10:16	5:01	3	9:32	26	20:58