



16. Kirschlauf
Kleinfahner / 12.06.2016

Detailed evaluation

Ecklebe, Frank

Club: Köstritzer Running Team
Number: 50

Course: 14.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:13:00

Speed: 11.51 km/h
Running performance: 5:13 min/km

Rank in course/Total: 36 (of 158)

Rank in course/Men: 34 (of 120)

Best time in course: 49:18

Rank in category: 7(of 18)

Best time in the category: 1:01:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	45:36	6:04	7	7:20	36	13:46	7.50	45:36	6:04	7	7:20	36	13:46
Finish	6.50	27:24	4:12	7	4:25	34	9:56	14.00	1:13:00	5:12	7	11:45	34	23:42