



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Held, Thoralf

Club: SSV Erfurt 02
Number: 49

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:13:44

Speed: 11.39 km/h
Running performance: 5:16 min/km

Rank in course/Total: 40 (of 158)

Rank in course/Men: 38 (of 120)

Best time in course: 49:18

Rank in category: 7(of 20)

Best time in the category: 1:05:13

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Kontrolle | 7.50 | 45:26 | 6:03 | 5 | 4:37 | 35 | 13:36 | 7.50 | 45:26 | 6:03 | 5 | 4:37 | 35 | 13:36 |
| Finish | 6.50 | 28:18 | 4:21 | 7 | 3:54 | 47 | 10:50 | 14.00 | 1:13:44 | 5:15 | 7 | 8:31 | 38 | 24:26 |