



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Guenther, Karsten

Club: Laufgruppe Sonnenschein
Number: 37

Course: 14.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:14:33

Speed: 11.27 km/h
Running performance: 5:19 min/km

Rank in course/Total: 43 (of 158)

Rank in course/Men: 40 (of 120)

Best time in course: 49:18

Rank in category: 5(of 16)

Best time in the category: 1:02:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	46:24	6:11	6	7:29	44	14:34	7.50	46:24	6:11	6	7:29	44	14:34
Finish	6.50	28:09	4:19	7	4:49	45	10:41	14.00	1:14:33	5:19	5	12:18	40	25:15