



16. Kirschlauf  
Kleinfahner / 12.06.2016

Detailed evaluation

Carl, Rene

Club: WalschbergRunners  
Number: 15

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:15:13

Speed: 11.17 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 48 (of 158)

Rank in course/Men: 45 (of 120)

Best time in course: 49:18

Rank in category: 8(of 16)

Best time in the category: 1:02:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Kontrolle	7.50	47:08	6:17	7	8:13	47	15:18	7.50	47:08	6:17	7	8:13	47	15:18
Finish	6.50	28:05	4:19	6	4:45	44	10:37	14.00	1:15:13	5:22	8	12:58	45	25:55