



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Mölders, Martin

Club: Liberales Laufteam
Number: 104

Course: 14.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:17:03

Speed: 10.90 km/h
Running performance: 5:30 min/km

Rank in course/Total: 53 (of 158)

Rank in course/Men: 50 (of 120)

Best time in course: 49:18

Rank in category: 6(of 15)

Best time in the category: 1:01:28

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Kontrolle | 7.50 | 49:34 | 6:36 | 7 | 11:15 | 61 | 17:44 | 7.50 | 49:34 | 6:36 | 7 | 11:15 | 61 | 17:44 |
| Finish | 6.50 | 27:29 | 4:13 | 5 | 4:20 | 36 | 10:01 | 14.00 | 1:17:03 | 5:30 | 6 | 15:35 | 50 | 27:45 |