



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Hamsch, Holger

Club: Dachwig hat Spass
Number: 88

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:17:22

Speed: 10.86 km/h
Running performance: 5:32 min/km

Rank in course/Total: 58 (of 158)

Rank in course/Men: 55 (of 120)

Best time in course: 49:18

Rank in category: 8(of 20)

Best time in the category: 1:05:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	48:15	6:26	8	7:26	52	16:25	7.50	48:15	6:26	8	7:26	52	16:25
Finish	6.50	29:07	4:28	8	4:43	51	11:39	14.00	1:17:22	5:31	8	12:09	55	28:04