



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Herz, Marco

Club: Laufgruppe Sonnenschein
Number: 39

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:17:34

Speed: 10.83 km/h
Running performance: 5:32 min/km

Rank in course/Total: 59 (of 158)

Rank in course/Men: 56 (of 120)

Best time in course: 49:18

Rank in category: 9(of 16)

Best time in the category: 1:00:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	46:45	6:14	7	8:33	46	14:55	7.50	46:45	6:14	7	8:33	46	14:55
Finish	6.50	30:49	4:44	9	8:17	77	13:21	14.00	1:17:34	5:32	9	16:50	56	28:16