



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Herrmann, Steffen

Club: Bad Langensalza
Number: 6

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:18:48

Speed: 10.66 km/h
Running performance: 5:38 min/km

Rank in course/Total: 64 (of 158)

Rank in course/Men: 60 (of 120)

Best time in course: 49:18

Rank in category: 10(of 20)

Best time in the category: 1:05:13

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	48:37	6:28	10	7:48	55	16:47	7.50	48:37	6:28	10	7:48	55	16:47
Finish	6.50	30:11	4:38	10	5:47	69	12:43	14.00	1:18:48	5:37	10	13:35	60	29:30