



16. Kirschlauf  
Kleinfahrer / 12.06.2016

Detailed evaluation

Helbig, Diethard

Club: Bad Langensalza  
Number: 91

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 1:19:36

Speed: 10.55 km/h  
Running performance: 5:41 min/km

Rank in course/Total: 70 (of 158)

Rank in course/Men: 65 (of 120)

Best time in course: 49:18

Rank in category: 2(of 4)

Best time in the category: 1:12:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	50:06	6:40	2	4:27	67	18:16	7.50	50:06	6:40	2	4:27	67	18:16
Finish	6.50	29:30	4:32	2	2:48	58	12:02	14.00	1:19:36	5:41	2	7:15	65	30:18