



16. Kirschlauf
Kleinfahner / 12.06.2016

Detailed evaluation

Trinitz, Jan

Club: fc.fahner.höhe
Number: 32

Course: 14.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:20:21

Speed: 10.45 km/h
Running performance: 5:44 min/km

Rank in course/Total: 73 (of 158)

Rank in course/Men: 68 (of 120)

Best time in course: 49:18

Rank in category: 7(of 11)

Best time in the category: 51:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	49:44	6:37	7	17:54	62	17:54	7.50	49:44	6:37	7	17:54	62	17:54
Finish	6.50	30:37	4:42	9	11:03	74	13:09	14.00	1:20:21	5:44	7	28:57	68	31:03