



16. Kirschlauf  
Kleinfahrer / 12.06.2016

Detailed evaluation

Benischke, Marian

Club: WalschbergRunners  
Number: 62

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:21:27

Speed: 10.31 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 81 (of 158)

Rank in course/Men: 73 (of 120)

Best time in course: 49:18

Rank in category: 8(of 11)

Best time in the category: 51:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	51:31	6:52	9	19:41	73	19:41	7.50	51:31	6:52	9	19:41	73	19:41
Finish	6.50	29:56	4:36	8	10:22	67	12:28	14.00	1:21:27	5:49	8	30:03	73	32:09