



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Schwuchow, Manuel

Club: RUN FOR ME
Number: 119

Course: 14.00 km
Hauptlauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:21:48

Speed: 10.27 km/h
Running performance: 5:50 min/km

Rank in course/Total: 84 (of 158)

Rank in course/Men: 75 (of 120)

Best time in course: 49:18

Rank in category: 10(of 16)

Best time in the category: 1:02:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	52:30	7:00	10	13:35	80	20:40	7.50	52:30	7:00	10	13:35	80	20:40
Finish	6.50	29:18	4:30	10	5:58	55	11:50	14.00	1:21:48	5:50	10	19:33	75	32:30