



16. Kirschlauf  
Kleinfahrer / 12.06.2016

Detailed evaluation

Kästner, Bernd

Club: Bad Langensalza  
Number: 57

Course: 14.00 km  
Hauptlauf

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:29:01

Speed: 9.44 km/h  
Running performance: 6:22 min/km

Rank in course/Total: 107 (of 158)

Rank in course/Men: 89 (of 120)

Best time in course: 49:18

Rank in category: 9(of 15)

Best time in the category: 1:01:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	56:01	7:28	10	17:42	91	24:11	7.50	56:01	7:28	10	17:42	91	24:11
Finish	6.50	33:00	5:04	9	9:51	89	15:32	14.00	1:29:01	6:21	9	27:33	89	39:43