



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Seifert, Matthias

Club: FSV Preußen
Number: 120

Course: 14.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:31:52

Speed: 9.14 km/h
Running performance: 6:34 min/km

Rank in course/Total: 124 (of 158)

Rank in course/Men: 100 (of 120)

Best time in course: 49:18

Rank in category: 20(of 20)

Best time in the category: 1:05:13

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	57:17	7:38	20	16:28	100	25:27	7.50	57:17	7:38	20	16:28	100	25:27
Finish	6.50	34:35	5:19	17	10:11	96	17:07	14.00	1:31:52	6:33	20	26:39	100	42:34