



16. Kirschlauf  
Kleinfahrer / 12.06.2016

Detailed evaluation

John, Heike

Club: USV Erfurt  
Number: 74

Course: 14.00 km  
Hauptlauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:34:40

Speed: 8.87 km/h  
Running performance: 6:46 min/km

Rank in course/Total: 127 (of 158)

Rank in course/Women: 24 (of 38)

Best time in course: 1:05:43

Rank in category: 8(of 11)

Best time in the category: 1:14:04

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Kontrolle	7.50	58:35	7:48	8	12:42	25	17:27	7.50	58:35	7:48	8	12:42	25	17:27
Finish	6.50	36:05	5:33	8	7:54	24	11:30	14.00	1:34:40	6:45	8	20:36	24	28:57