



16. Kirschlauf
Kleinfahrer / 12.06.2016

Detailed evaluation

Rohde-Rusch, Denis

Club: Zella-Mehlis
Number: 79

Course: 14.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:47:09

Speed: 7.84 km/h
Running performance: 7:39 min/km

Rank in course/Total: 154 (of 158)

Rank in course/Men: 117 (of 120)

Best time in course: 49:18

Rank in category: 16(of 16)

Best time in the category: 1:00:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Kontrolle	7.50	1:05:59	8:47	16	27:47	117	34:09	7.50	1:05:59	8:47	16	27:47	117	34:09
Finish	6.50	41:10	6:19	16	18:38	116	23:42	14.00	1:47:09	7:39	16	46:25	117	57:51