



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Bird, Theresa

Club: Leipzig

Number: 8

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 57:36

Speed: 9.38 km/h

Running performance: 5:55 min/km

Rank in course/Total: 115 (of 181)

Rank in course/Women: 26 (of 59)

Best time in course: 39:58

Rank in category: 8(of 13)

Best time in the category: 39:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	17:56	5:31	6	4:43	21	4:43	3.25	17:56	5:31	6	4:43	21	4:43
Lap 2	3.25	19:43	6:03	9	6:22	31	6:22	6.50	37:39	5:47	7	11:05	24	11:05
Last lap Finish	3.25	19:57	6:08	10	6:33	31	6:33	9.75	57:36	5:54	8	17:38	26	17:38