



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Schlichtig, Katja

Club: DJK Teutonia Gaustadt

Number: 162

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 58:07

Speed: 10.07 km/h

Running performance: 5:58 min/km

Rank in course/Total: 117 (of 181)

Rank in course/Women: 27 (of 59)

Best time in course: 39:58

Rank in category: 9(of 13)

Best time in the category: 39:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	18:38	5:44	8	5:25	27	5:25	3.25	18:38	5:44	8	5:25	27	5:25
Lap 2	3.25	19:32	6:00	8	6:11	26	6:11	6.50	38:10	5:52	9	11:36	28	11:36
Last lap Finish	3.25	19:57	6:08	10	6:33	31	6:33	9.75	58:07	5:57	9	18:09	27	18:09