



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Wojciechowski, Cornelia

Club: SV Kyffhäuser

Number: 208

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 58:26

Speed: 9.24 km/h

Running performance: 5:59 min/km

Rank in course/Total: 124 (of 181)

Rank in course/Women: 31 (of 59)

Best time in course: 39:58

Rank in category: 3(of 11)

Best time in the category: 50:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	19:08	5:53	3	3:02	32	5:55	3.25	19:08	5:53	3	3:02	32	5:55
Lap 2	3.25	19:42	6:03	3	2:43	30	6:21	6.50	38:50	5:58	3	5:31	32	12:16
Last lap Finish	3.25	19:36	6:01	4	2:22	26	6:12	9.75	58:26	5:59	3	7:45	31	18:28