



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Lindbergh, Jerry

Club: Stockholm

Number: 101

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 59:03

Speed: 9.14 km/h

Running performance: 6:04 min/km

Rank in course/Total: 129 (of 181)

Rank in course/Men: 96 (of 122)

Best time in course: 34:17

Rank in category: 13(of 15)

Best time in the category: 34:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	19:26	5:58	13	8:01	97	8:01	3.25	19:26	5:58	13	8:01	97	8:01
Lap 2	3.25	20:02	6:09	13	8:33	99	8:33	6.50	39:28	6:04	13	16:34	97	16:34
Last lap Finish	3.25	19:35	6:01	12	8:12	91	8:12	9.75	59:03	6:03	13	24:46	96	24:46