



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Leuchs, Matthias

Club: TSV Ettleben

Number: 100

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 59:11

Speed: 9.12 km/h

Running performance: 6:04 min/km

Rank in course/Total: 130 (of 181)

Rank in course/Men: 97 (of 122)

Best time in course: 34:17

Rank in category: 12(of 16)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	20:07	6:11	13	6:15	106	8:42	3.25	20:07	6:11	13	6:15	106	8:42
Lap 2	3.25	20:13	6:13	12	6:00	102	8:44	6.50	40:20	6:12	12	12:15	103	17:26
Last lap Finish	3.25	18:51	5:48	9	4:29	80	7:28	9.75	59:11	6:04	12	16:44	97	24:54