



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Zdebik, Peter

Club: SV Birkenhard

Number: 454

Course: 9.75 km

10 km Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 42:27

Speed: 13.78 km/h

Running performance: 4:21 min/km

Rank in course/Total: 15 (of 181)

Rank in course/Men: 14 (of 122)

Best time in course: 34:17

Rank in category: 1(of 16)

Best time in the category: 42:27

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	13:52	4:15	1	-	17	2:27	3.25	13:52	4:15	1	-	17	2:27
Lap 2	3.25	14:13	4:22	1	-	13	2:44	6.50	28:05	4:19	1	-	14	5:11
Last lap Finish	3.25	14:22	4:25	1	-	15	2:59	9.75	42:27	4:21	1	-	14	8:10