



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

### Buchhage, Veith

Club: Eitensheim

Number: 18

Course: 9.75 km

10 km Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:01:56

Speed: 8.72 km/h

Running performance: 6:21 min/km

Rank in course/Total: 144 (of 181)

Rank in course/Men: 104 (of 122)

Best time in course: 34:17

Rank in category: 14(of 16)

Best time in the category: 39:02

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 3.25        | 18:10         | 5:35            | 13          | 5:16           | 85          | 6:45          | 3.25          | 18:10         | 5:35            | 13          | 5:16           | 85         | 6:45          |
| Lap 2           | 3.25        | 21:58         | 6:45            | 15          | 8:51           | 109         | 10:29         | 6.50          | 40:08         | 6:10            | 14          | 13:53          | 102        | 17:14         |
| Last lap Finish | 3.25        | 21:48         | 6:42            | 15          | 9:01           | 109         | 10:25         | 9.75          | 1:01:56       | 6:21            | 14          | 22:54          | 104        | 27:39         |