



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Natusch, Claudia

Club: DEVRUN

Number: 131

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:02:52

Speed: 8.59 km/h

Running performance: 6:27 min/km

Rank in course/Total: 152 (of 181)

Rank in course/Women: 45 (of 59)

Best time in course: 39:58

Rank in category: 7(of 7)

Best time in the category: 47:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:13	6:13	5	4:58	39	7:00	3.25	20:13	6:13	5	4:58	39	7:00
Lap 2	3.25	21:14	6:31	5	4:56	42	7:53	6.50	41:27	6:22	5	9:54	41	14:53
Last lap Finish	3.25	21:25	6:35	7	5:00	45	8:01	9.75	1:02:52	6:26	7	14:54	45	22:54