



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Wolf, Daniela

Club: Lichteneiche

Number: 209

Course: 9.75 km

10 km Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:04:23

Speed: 9.09 km/h

Running performance: 6:36 min/km

Rank in course/Total: 154 (of 181)

Rank in course/Women: 46 (of 59)

Best time in course: 39:58

Rank in category: 13(of 13)

Best time in the category: 39:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 3.25 | 20:51 | 6:24 | 12 | 7:38 | 46 | 7:38 | 3.25 | 20:51 | 6:24 | 12 | 7:38 | 46 | 7:38 |
| Lap 2 | 3.25 | 21:39 | 6:39 | 12 | 8:18 | 45 | 8:18 | 6.50 | 42:30 | 6:32 | 13 | 15:56 | 46 | 15:56 |
| Last lap Finish | 3.25 | 21:53 | 6:44 | 13 | 8:29 | 46 | 8:29 | 9.75 | 1:04:23 | 6:36 | 13 | 24:25 | 46 | 24:25 |