



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Will, Severina

Club: Floh-Seligenthal

Number: 206

Course: 9.75 km

10 km Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:06:18

Speed: 8.14 km/h

Running performance: 6:48 min/km

Rank in course/Total: 160 (of 181)

Rank in course/Women: 48 (of 59)

Best time in course: 39:58

Rank in category: 6(of 6)

Best time in the category: 49:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	3.25	20:41	6:21	6	3:41	44	7:28	3.25	20:41	6:21	6	3:41	44	7:28
Lap 2	3.25	22:12	6:49	6	6:04	47	8:51	6.50	42:53	6:35	6	9:45	47	16:19
Last lap Finish	3.25	23:25	7:12	6	6:43	53	10:01	9.75	1:06:18	6:47	6	16:28	48	26:20