



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Stücke, Eckhard

Club: LT Maßbruch

Number: 181

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:08:02

Speed: 7.94 km/h

Running performance: 6:59 min/km

Rank in course/Total: 167 (of 181)

Rank in course/Men: 116 (of 122)

Best time in course: 34:17

Rank in category: 9(of 10)

Best time in the category: 50:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	22:23	6:53	9	5:36	117	10:58	3.25	22:23	6:53	9	5:36	117	10:58
Lap 2	3.25	23:02	7:05	9	5:58	113	11:33	6.50	45:25	6:59	9	11:34	116	22:31
Last lap Finish	3.25	22:37	6:57	9	5:56	111	11:14	9.75	1:08:02	6:58	9	17:30	116	33:45