



10. Kristall-Marathon

Merkers / 14.02.2016

Detailed evaluation

Peters, Kai

Club: Triathletenschmiede Werratal

Number: 141

Course: 9.75 km

10 km Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 43:04

Speed: 12.54 km/h

Running performance: 4:25 min/km

Rank in course/Total: 18 (of 181)

Rank in course/Men: 16 (of 122)

Best time in course: 34:17

Rank in category: 3(of 15)

Best time in the category: 34:17

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	3.25	13:42	4:12	4	2:17	15	2:17	3.25	13:42	4:12	4	2:17	15	2:17	
Lap 2	3.25	14:33	4:28	4	3:04	19	3:04	6.50	28:15	4:20	3	5:21	15	5:21	
Last lap Finish	3.25	14:49	4:33	3	3:26	19	3:26	9.75	43:04	4:25	3	8:47	16	8:47	