



# 10. Kristall-Marathon

Merkers / 14.02.2016

## Detailed evaluation

### Herbst, Klaus

Club: Mainz

Number: 64

Course: 9.75 km

10 km Lauf

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:09:38

Speed: 8.40 km/h

Running performance: 7:08 min/km

Rank in course/Total: 170 (of 181)

Rank in course/Men: 117 (of 122)

Best time in course: 34:17

Rank in category: 10(of 10)

Best time in the category: 50:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	3.25	23:00	7:04	10	6:13	120	11:35	3.25	23:00	7:04	10	6:13	120	11:35
Lap 2	3.25	23:14	7:08	10	6:10	115	11:45	6.50	46:14	7:06	10	12:23	117	23:20
Last lap Finish	3.25	23:24	7:11	10	6:43	115	12:01	9.75	1:09:38	7:08	10	19:06	117	35:21